

Monitored Trial Case Report

Patient Details

Name: MKNK14020006

Age: 51

Allergies:

- None stated

Social History

- Nil relevant

Family History

- Nil relevant

Current Medications

- Orixine
- Atacand plus
- Metformin

Relevant Diagnosis / Symptoms

- Hypothyroidism
- Type II diabetes
- Hypertension

Past Medical History

None provided beyond short form survey and testimonial

Current Medical History

Testimonial

“3 months ago my visit to the doctor for regular checkup showed blood glucose levels of 13.3. Being concerned my doctor increased my metformin to 500mg twice a day and 850mg once a day (previously I was on 500mg three times a day). I also increased my NutriKane dose to 2 sachets per day (previously 1 per day) as advised.

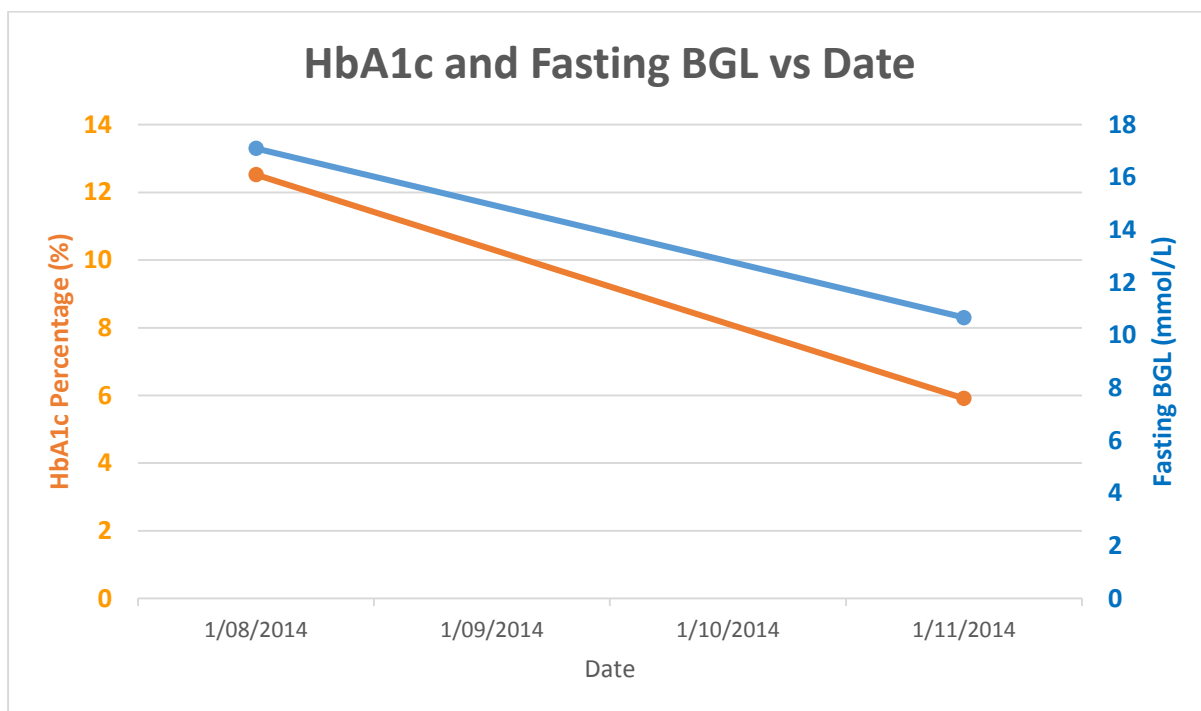
At my recent appointment my blood levels were 8.3 and my doctor was happy. Since starting on NutriKane I have felt less sluggish, have more energy, less bloating after meals and my eyes are not nearly as sore or tired feeling.

I would recommend NutriKane to anyone who wants to have that clean out your system feeling every day. I can’t wait to be free of diabetic medication in the near future.”

Case Summary

Official blood test results recording HbA1c and fasting BGL were provided and graphed below.

Date	HbA1c %	Fasting BGL
16/08/2014	13.3	16.1
15/11/2014	8.3	7.6



Completion survey

The subject indicated a strongly positive response to changes in Blood Glucose Levels and a positive response to changes in bowel movements, and bowel regularity.

The subject recorded a strongly positive response answer to the final question “Are you pleased with your health outcome from the NutriKane monitored trial?”

Blood tests filed: Lab reference # [REDACTED]

[REDACTED]

Additional Notes:

This trial was carried out at arm’s length for MediKane Pty Ltd. MediKane provided the NutriKane product, the history of its research and current evidence. The subject carried out the use of NutriKane at their own discretion and regime.

Appendix

Blood test results

Phone: [REDACTED]
 Birthdate: [REDACTED] Sex: [REDACTED] Medicare Number: [REDACTED]
 Your Reference: [REDACTED] Lab Reference: [REDACTED]
 Laboratory: [REDACTED]
 Addressee: [REDACTED] Referred by: [REDACTED]

Name of Test: DIABETES MONITORING.
Requested: 18/08/2014 **Collected:** 15/11/2014 **Reported:** 15/11/2014 14:38

Clinical Notes: NIDDM,metformin increased.

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DIABETES DIAGNOSIS AND MONITORING

Date	08/01/12	20/04/12	16/08/14	15/11/14		
Time F-Fast	0950	0800 F	0850 F	0925 F		
Lab No.	183244669	183430152	187951804	188158932	Units	Range
HbA1c	12.2 H	6.9 H	13.3 H	8.3 H	%	(4.3-6.4)
HbA1c (IFCC)			122 H	67 H	mmol/mol	(23-46)
Gluc. Fast.		7.3 H	16.1 H	7.6 H	mmol/L	(3.6-6.0)
Gluc. Rand.	15.4 H				mmol/L	(3.4-7.7)

Clinical Evaluation:
 6.1-7.0% (43-53 mmol/mol) HbA1c Satisfactory glycaemic control.
 7.1-8.0% (54-64 mmol/mol) HbA1c Suggest clinical review.
 >8.0% (>64 mmol/mol) HbA1c Poor glycaemic control.

Suggest continue monitoring diabetic control with HbA1c measurements at three monthly intervals.

References: ADS Position Statement: MJA 2009; 191:339-344.
 Change of HbA1c reporting to the new SI units: MJA 2011; 195:45-46.

JM

NATA Accreditation No 3448

Tests Completed: LFTS,ELY,VT,BIO,HACM
 Tests Pending :
 Sample Pending :