

## **Monitored Trial Case Report**

### **Patient Details**

Name: MKNK14020038

Age: 37

#### Allergies:

- Not provided

### **Social History**

- Nil relevant

### **Family History**

- Nil relevant

### **Current Medications**

- Insulin

### **Relevant Diagnosis / Symptoms**

- Type II diabetes

### **Past Medical History**

- Overweight
- Diagnosis of type II diabetes

**Current Medical History**

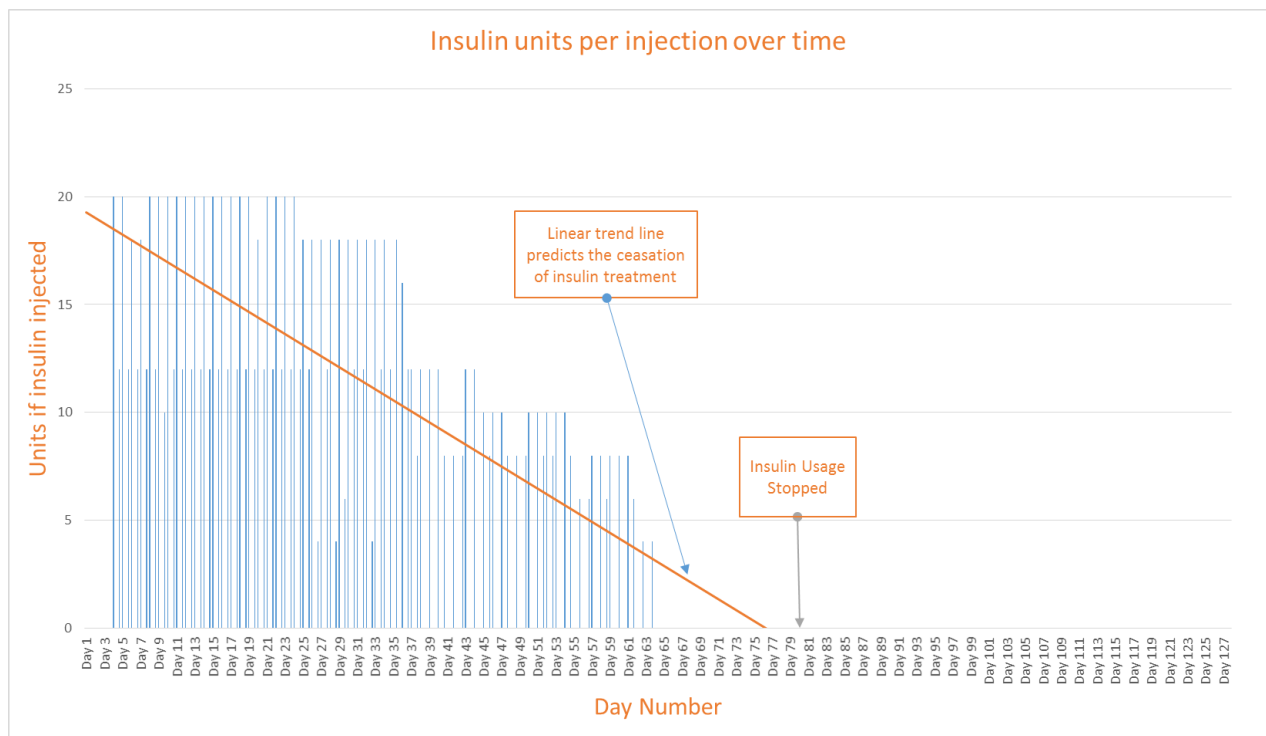
This trial was carried out by Robbie Clarke – Elevate Clinic Dietician  
 Patient was diet controlled to 45 grams of carbohydrate per day, exercise most days. Diet and exercise regime began at the same time as NutriKane usage.  
 No involvement from MediKane staff other than receipt of trial diary booklet at completion.

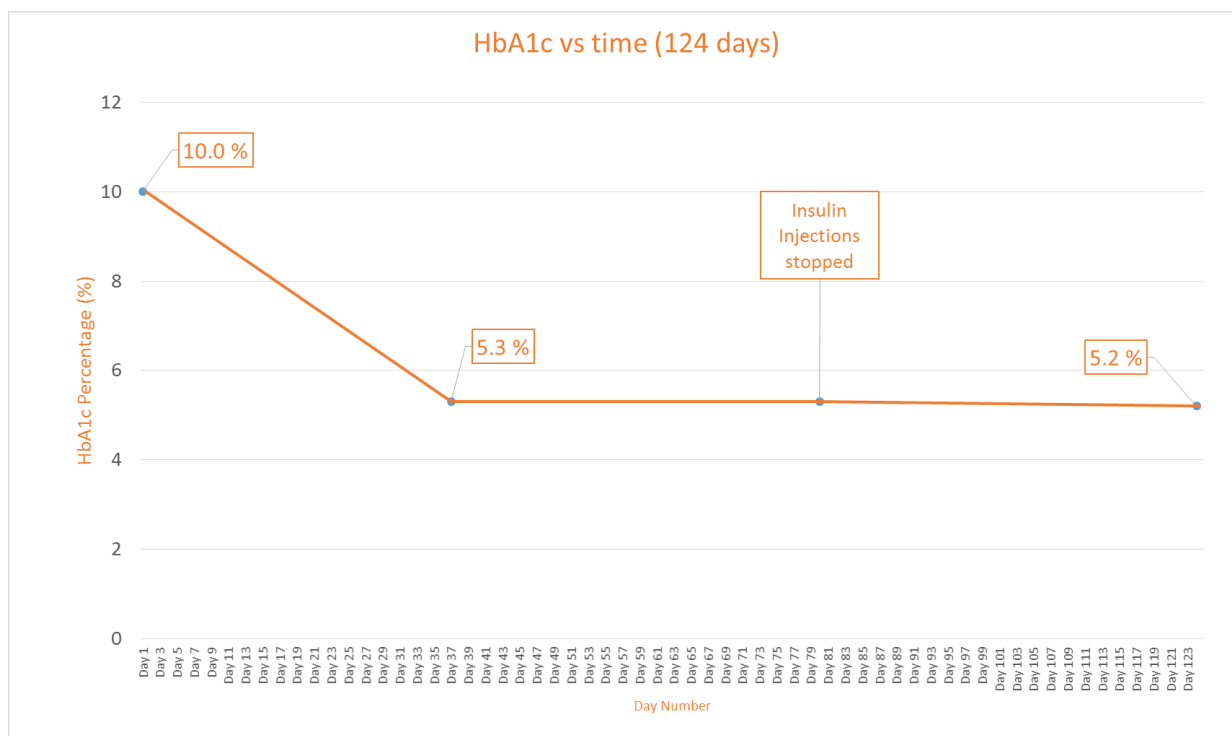
**Case Summary**

Robbie Clarke – Elevate Clinic Dietician quote

“As a T2DM client he has responded astonishingly well to both insulin treatment, exercise, nutrition and NutriKane prescription. He has been off insulin for the past 6 weeks whilst being on MediKane. I have never had a client so dedicated to treatment and responded so well. Even his endocrinologist is amazed at his improvement.”

Graphs below – Day 0 marks the beginning of the NutriKane usage and diary records. NutriKane trial completed at day 63. Further data recorded to trial diary comments section.





**Additional Notes:**

This trial was carried out at arm's length for MediKane Pty Ltd. MediKane provided the NutriKane product, the history of its research and current evidence to an Elevate practitioner. The subject carried out the use of NutriKane at their own discretion and regime.